# RESPECT

### Character Trait of the Month

- •"If you or your student have any stories, projects, or activities on future character traits, please submit them online or through email
- •Remember: "A person's a person, no matter how small" Dr. Seuss.

What is Respect: The Dictionary defines it as "due regard for the feelings, wishes, rights, or traditions of others".

# **Ways of Showing Respect:**

Consideration, Thoughtfulness, Attentiveness, Courtesy, Politeness, Civility

## What does it mean to be respectful?

Treat others the way we want to be treated.

# Note to Leaders:

As teachers, parents, coaches, and leaders, we all recognize the importance of showing respect to one another. Learning how to show respect can be difficult, unless we all work together to teach our students how to be respectful. There are several ways to do this, and there are tools on the webpage. However, the best way we can teach respect is lead by example and show respect. Role playing can be a very effective way to show the differences in showing respect vs showing disrespect to someone or something. Remember, our attitudes are just as important as the words we speak, and this can be the deciding factor on the presence of respect in our communication. The body language and tone of voice tell others if we value them or not. Respect is showing

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."
Maya
Angelou



### **Respect In Action:**

All day, every day, we see acts showing respect or disrespect. Many of us have had or still have Facebook. I was recently on Facebook, catching up with some friends and family, when I came across a friends post regarding a political matter. Her post started by stating her opinion on the matter. Very few of us have the exact same opinion on every single topic, so I like to read on people's opinions to get a better understanding of what they believe and why. As I was coming to the bottom of the post, the piece had gone from an opinion on a political matter, to a personal attack on anyone who didn't agree, to the point she was calling them names. While she wasn't showing me or anyone who didn't believe the same as her respect, I was able to show respect, by acknowledging that she has the right to her opinion just as I have the right to mine, and other's have the right to theirs. Students of all ages see this behavior online, on television, and with the people around them. When these situations come up, we can take it as a learning opportunity for our students.

**Next Months Character Trait: Citizenship**